

Study trip to Edinburgh

BMC Managed Care

FORUM
MANAGED CARE **fmc**

**DRAFT
PROGRAMME**

11 – 13 May 2017

For nearly 70 years, Scotland's National Health Service (NHS) has taken care of the roughly 5 Million Scottish people. With more than 160,000 employees, the NHS is also the largest employer in Scotland. In contrast to the NHS England and Wales, the Scottish counterpart is more focused on the traditional characteristics of a national health service. This means it is less influenced by competition and mainly occupied with improving integrated health care, as well as investments in eHealth issues – two good reasons to take a closer look at the Scottish health system.

The General Practitioners play an important role in the Scottish health care system: They cover a substantial part of first contacts and provide significant help in coordinating care pathways. Through the improvement of coordination services, Scotland managed to stop the steady increase of emergency cases. Moreover, the integration of health- and social-care is at the very top of the Scottish reform agenda. By visiting a primary care clinic, we will have an opportunity for an in-depth conversation with the employed physicians and nurses, paying particular attention to these critical issues.

Moreover, digital technologies play an increasing role in the Scottish health care system. The Scottish government and the NHS Scotland therefore developed a national eHealth strategy, which we will examine on-site.

It is going to be an exciting trip with additional site visits currently being planned. Join us and get to know the Scottish health care system first-hand. We would be very delighted for you take this great journey with us!

Organisation

Bundesverband Managed Care e.V. (German Managed Care Association) in cooperation with Swiss Forum Managed Care

Participation fee

€ 490.- p.P.
(excluding travel and accommodation expenses)

The number of participants is limited!

Registration*

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or online via:

🌐 www.bmcev.de/edinburgh

*Cancellation can be made free of charge until March 31, 2017. From April 1-30, 2017, a 50 percent cancellation fee will be charged. Thereafter, no cancellation reimbursements will be available.

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Programme (Draft)

Thursday, 11th May

Morning (Start 9.00 am)

Optional Programme (tba)

Official beginning
of the programme

Noon (11.30 am)

Welcome of participants and introduction to the study trip

Afternoon

**Introduction to the Scottish health care system
NHS Current reform topics**

Evening

Grand Dinner with Roundtable Speakers

Friday, 12th May

Morning

Visit of a primary care clinic

Location: Primary care clinic near Edinburgh

Topics:

- Primary care
- Polypharmacy
- Health literacy
- Integration of health and social care
- Cooperation with the local community

Afternoon

E-Health at the NHS Scotland

Location: University of Edinburgh

Topics:

- Technology Enabled Care Programme
- eHealth/Digital health in the NHS Scotland
- Risk prediction modelling (SPARRA)

Evening

Dinner

Saturday, 13th May

Morning

Wrap-up session/closing reflections

Location: University of Edinburgh

Topics:

- Next steps for integrated care
- Integrated care across different countries: Perspectives from the International Foundation of Integrated Care (IFIC)

(End 1.00 pm)